

## Choosing Your Confirmation Sponsor

- ◇ A confirmation sponsor is a special person who, by their example, shows the child how to live their ***Catholic faith every day***. They live a life that reflects the teachings of Jesus Christ.
- ◇ Your sponsor needs to be 16 years of age or older. A parent cannot be a sponsor.
- ◇ A sponsor must be a fully initiated and a practicing Catholic: one who has celebrated the ***sacraments of Baptism, the Holy Eucharist and Confirmation. One who attends Mass and receives Holy Communion on a regular basis.***
- ◇ You want someone your child is comfortable talking to. Keep in mind to choose a person who will not only listen, as your child shares his or her faith journey with him or her, but will also guide and speak to your child about our faith and beliefs.
- ◇ The sponsor should be a significant person in your child's life. You are looking for someone you and your child trust, whose faith you admire and who will be there for your child. The purpose of the relationship between your child and the sponsor is to lead your child into a deeper relationship with our Lord Jesus.
- ◇ Pray to God, with your child, for guidance from the Holy Spirit in helping you choose the right sponsor.

## How It Works

1. Once you have selected a sponsor and that person has accepted the commitment, please have that person complete the "Confirmation Sponsor Form" herewith below. Baptism and confirmation certificates are required, from his or her church, to be attached to the form.
2. Advise your sponsor that he or she is expected to attend ***Holy Spirit Day*** with your child. This event will take place on April 23 and April 24 at Mary Queen of the World Cathedral @ 14:00 – 16:00. Your sponsor can choose one of those two days to attend. Registration will be required and that link will be provided at the end of March.
3. On Saturday, April 30, 2022 the confirmation child and his or her sponsor are obligated to participate in the annual confirmation retreat, which will be held at our parish. Further information will follow.
4. The Confirmation Sponsor Form must be completed and returned with the sponsor's baptism & confirmation certificates by **Monday, March 28, 2022** to the church office at 7645 rue du Mans, St-Leonard, QC, H1S 2A1. Or you can email them to [montcarmel@gmail.com](mailto:montcarmel@gmail.com)

### Office hours:

Monday – Friday from 8:30 – 12:00 noon

Monday – Thursday from 18:30 – 20:30.

For any questions or any clarifications, please contact the Catechism Team via e-mail at: [montcarmel.catechism@gmail.com](mailto:montcarmel.catechism@gmail.com)

**P.S.** please do not email the forms to this account. Thank you.

## CONFIRMATION SPONSOR FORM #1

I, \_\_\_\_\_ requests that  
(Candidate's full name)

\_\_\_\_\_  
(Sponsor's full name)

\_\_\_\_\_  
(Sponsor's address and postal code)

be my sponsor for Confirmation. I understand that my sponsor should be a Baptized and Confirmed Catholic and active in his/her faith; is a person 16 years of age or over; and is someone other than my parents whom I respect as a role model of Christian life. My sponsor belongs to the Roman Catholic Parish of:

\_\_\_\_\_  
(Full name of the Parish Church)

***N. B. Please return this sheet together with a copy of your sponsor's baptism and confirmation certificates to the parish in person or by email by March 28<sup>th</sup>, 2022.***

## SPONSOR ACCEPTANCE FORM #2

I, \_\_\_\_\_ accept  
(Sponsor's full name)

to be a Sponsor for the Confirmation of

\_\_\_\_\_  
(Candidate's full name)

**AND I RECOGNIZE** that by accepting the role of sacramental sponsorship I become responsible to be a model and example of a committed and active Catholic and to be supportive to his/her parents in the practice of our mutual faith.

I try to meet my obligations as a Roman Catholic by participating in Sunday Mass, by receiving the Eucharist as often as possible and Penance as necessary. By being open to the Word of God as revealed in the Scripture and taught by the Catholic Church, by witnessing to the values of the Gospel of Jesus Christ and by seeking to be of service to others for love of Him.

I promise to give my full support to the person I am sponsoring, by the Christian example of my daily life as a Roman Catholic.

\_\_\_\_\_  
(Sponsor's signature)

\_\_\_\_\_  
(date)